



Improving Speaking Skills with the Impromptu Method in the MBKM Programs

Diyah Mahmawati

STIT Miftahul Midad Lumajang, Indonesia

diyah.mahmawati07@gmail.com

Received: Oktober	Accepted: Oktober	Published: Oktober
DOI:		

Abstract

This study investigates the effectiveness of implementing the Impromptu Method to enhance speaking skills among students enrolled in the MBKM (Merdeka Belajar Kampus Merdeka) programs at STIT Miftahul Midad Lumajang. With the increasing importance of effective communication in the globalized world, it has become imperative for higher education institutions to equip their students with proficient speaking abilities. The Impromptu Method is chosen for its emphasis on spontaneity and quick thinking, which are valuable skills in various professional and academic contexts. The research methodology involves a pre-test and post-test design, where participants' speaking skills are assessed before and after the implementation of the Impromptu Method. Additionally, qualitative data in the form of student feedback and observations are collected to gain insights into their experiences with the method. The study aims to analyze the impact of the Impromptu Method on students' confidence, fluency, and articulation in spoken communication. Preliminary findings suggest that the Impromptu Method holds promise as an effective pedagogical approach to enhance speaking skills. Students report increased self-assurance in impromptu speaking situations, improved fluency, and the ability to articulate their thoughts more coherently. The study provides valuable insights into the potential benefits of incorporating this method into the MBKM programs, ultimately contributing to the development of well-rounded, confident, and proficient speakers among students at STIT Miftahul Midad Lumajang.

Keywords: "Speaking"; "Impromptu"; "MBKM Program".

INTRODUCTION

The ability to speak is one of the most important communication skills in everyday life and career. This ability not only influences how individuals interact with others, but also has a significant impact on self-confidence, critical thinking skills, and the ability to convey ideas effectively. In the world of education, especially in learning English, improving speaking skills is a top priority, especially amid developments in information technology that enable broader and more complex global communications. (Nivja H. De Jong, 2023).

In the context of higher education, the MBKM Program has become an important vehicle in preparing students to face the increasing demands for communication in their personal and professional lives. STIT Miftahul Midad Lumajang, as an institution committed to improving the quality of education and self-development of its students, has chosen an interesting and innovative learning method to hone students' speaking skills.

One of the methods applied to improve speaking skills in the MBKM program at STIT Miftahul Midad Lumajang is the impromptu method. This method challenges students to speak spontaneously and without prior preparation. This is a simulation of a real-world situation where quick speech and adaptability are the keys to success. The application of this method in learning creates a dynamic and immersive environment, which is expected to make a significant contribution to student development. This aims to open a window on the phenomenon at STIT Miftahul Midad Lumajang which contributes to improving students' speaking abilities. This phenomenon is interesting and important to observe, observe, and research because it can provide insight into the effectiveness of learning methods in achieving the goal of developing speaking skills in higher education, especially among STIT Miftahul Midad Lumajang.

Then, this research will dive in-depth into the aspects that influence improving speaking ability, involving direct observation, interviews, and data analysis. It is hoped that the results of this research will provide a more comprehensive understanding of the benefits of the impromptu method in the learning context at STIT Miftahul Midad Lumajang, as well as make a positive contribution to efforts to improve the quality of education and develop student competencies.

To understand the phenomena that occur in the field related to improving speaking skills using the impromptu method in the MBKM Program at STIT Miftahul Midad Lumajang, you can conduct initial research or observation. Here are some things that researchers observed at STIT Miftahul Midad. First, researchers observed the level of student participation in the MBKM program which adopted impromptu methods of learning. Second, the researcher observed the development of students' speaking skills from the beginning to the end of the MBKM program. Is there a significant improvement in their speaking ability? To be able to answer these questions the researcher collects data through tests, speech recordings, or direct observation. Third, the researcher met students who took part in this program and asked their opinions. What is their experience with the Improtu method and do they feel more confident in public speaking after participating in this program? Fourth, the researcher also observes whether the use of impromptu methods in learning has an impact on the psychological well-being of students. Are they more confident or have decreased anxiety when speaking in public?

In addition to these four things, researchers also observed the development of other soft skills, including interpersonal communication skills, critical thinking skills, and the ability to work in teams, which may also be affected by impromptu methods. Conducting interviews or surveys of lecturers or instructors involved in the MBKM program can provide insight into the effectiveness of the impromptu method in improving students' speaking skills. Observing the use of certain learning technologies or tools that support the use of impromptu methods that support the improvement of speaking skills. Identify challenges or obstacles faced by students and lecturers in adopting the impromptu method as well as knowing how to overcome obstacles.

Research on speaking ability has been investigated by several other researchers, including (Wirdayana Wirdayana, 2022) who concluded in his research results that the Impromptu Speaking method affects developing students' speaking skills in introducing themselves and others in class VII SMPN 3 South Tangerang for the 2022 academic year. /2023. (Zawatal Afna, 2022) who concluded in his research results that the Improptu method had a good effect on the use of YouTube in student public speaking. (Rita Herlina Panggabean, 2020) who concluded in her research results that a significant effect was obtained from the use of the impromptu method on the speaking ability of grade 11 students at SMA Negeri 1 Pinangsori in the 2018/2019 academic year. (Ulfiyah Azzahra, 2019) who concluded in her research results that out of a total of 38 students in class IX Language who were sampled in her research at MAN 1 Polman showed significant results for increasing student learning abilities using the Impoptu method.

Departing from the results of several studies above, this research is novel in: Firstly, this research uses long-term progress measurements in supporting the MBKM program where students have completed their speaking skills using the Improptu method which supports the success of the MBKM program, especially the achievement of their speaking skills. Second, the effect on soft skills other than speaking skills, the impropriate method in MBKM can influence the development of other soft skills such as leadership skills, interpersonal skills, or the ability to manage conflict. Third, the role and involvement of lecturers in supporting the use of the impromptu method, where they can provide effective guidance to students. The role and involvement of lecturers have an important role in improving speaking skills.

Departing from all the phenomena and considerations above, this research must be carried out to assess the effectiveness of the Improptu method in improving the speaking skills of students taking part in the MBKM Program at STIT Miftahul Midad Lumajang. Specific objectives were also achieved to (a) measure significant changes in students' speaking abilities before and after participating in the MBKM Program using the impromptu method. (b) evaluate students' level of confidence in public speaking after participating in the MBKM Program. (c) identify the relationship between improving speaking skills and students' academic performance in relevant courses. (d) measure the impact of improving speaking skills on students' ability to participate actively in class discussions and presentations. (e) assess the influence of the Improper method in the MBKM Program on the development of students' soft skills, such as critical thinking skills, interpersonal communication skills, and the ability to work in teams.

METHOD

This research was carried out using qualitative research methods. This qualitative research uses a phenomenological research approach to understand students' experiences in

participating in the MBKM Program using the Improper Method and its impact on improving their speaking abilities.

The research population consists of STIT Miftahul Midad Lumajang students who have participated in the MBKM Program using the impromptu method. The researcher chooses a sample that includes a variety of student backgrounds, levels, and experiences.

The data collection technique used in this study is to carry out, first (a) In-depth Interviews: Semi-structural interviews will be conducted with students who have participated in the MBKM Program. This interview will include questions regarding their experience of using impromptu methods, the changes they have observed in their speaking ability, and the impact this has had on their self-confidence. (b) Participant Monitoring, The researcher monitors or observes some training sessions or exercises involving impromptu methods. (c) Documenting each ongoing activity by asking students to maintain a reflection journal while participating in the MBKM Program using the impromptu method. This journal can describe their feelings, challenges, and experiences throughout the program.

The data analysis technique used in this research uses the Miles and Huberman theory with theory-driven data analysis. The following are general steps in qualitative data analysis techniques adapted from the Miles and Huberman approach:

1. Data Sorting
 - a. Researchers start by tidying up and organizing all the data that has been collected, including interview transcriptions, field notes, reflective journals, or other notes.
 - b. Use qualitative data analysis software if you have access to one, such as Nivo to assist in data management.
2. Coding
 - a. Coding is the process of assigning labels or tags to relevant pieces of data. Coding can be in the form of open coding, thematic coding, or category coding.
 - b. During this process, you will identify themes, concepts, or patterns in your data. These codes will help you summarize and organize your data.
3. Develop Categories
 - a. Based on the initial codes you've identified, develop larger categories that include emerging patterns and themes in the data.
 - b. List the main categories that emerge naturally from your data.
4. Analysis of Cases, Case analysis is carried out by examining each case or participant individually. This helps to understand the context of each case and how the categories that have been developed apply to each case.
5. Data Matrix (Data Display)
 - a. A data matrix is a tool that helps you summarize data in a tabular or matrix format. This allows the researcher to see how the categories and cases are related.
 - b. Create a data matrix with categories as rows and cases as columns, or vice versa, depending on the purpose of the analysis.
6. Interpretation and Conclusion

- a. Once the data has been organized and analyzed, it can begin to interpret the results. Identify common themes, significant patterns, or key findings.
 - b. Drawing conclusions based on data analysis. This conclusion must be consistent with the theory or conceptual framework underlying the research.
 - b. Verification, uses verification techniques, such as triangulation (using several methods or data sources) or member checking (confirming results with participants) to ensure the validity of the findings.
7. Report Writing, Finally write a research report detailing the findings in this research, including data quotes that support the findings. As well as clearly explaining the context, methodology, results, and implications of the research.

RESULT AND DISCUSSION

The results and discussion of this research are presented in this section. Each section stands alone as a subtitle. Below is a presentation of each section beginning by explaining the result of this research.

1. Result

The results of the study which aimed to assess the effectiveness of the Improptu method in improving the speaking skills of students participating in the MBKM Program at STIT Miftahul Midad Lumajang are as follows:

- a. Significant Improvement of Speaking Skills

The results showed that the Improptu method was effective in improving students' speaking skills. Pre-test and post-test data revealed a significant increase in the speaking abilities of students who took part in the MBKM Program using the Improptu method. This difference can be seen in higher test scores at the end of the program.

- b. Increased Confidence

In addition to an increase in speaking ability, this study also noted an increase in students' confidence in speaking in public. Students reported that they felt better prepared and more confident in facing challenging speaking situations.

- c. Development of Speaking Skills in Different Contexts:

The research results show that the Improptu method helps students develop relevant speaking skills in various contexts, whether in class discussions, presentations, or social interactions. The ability to speak spontaneously also enriches the ability to speak in formal situations.

- d. Active Involvement in Class Discussions:

The research findings noted that students who took part in the MBKM Program using the Improptu method were more active in class discussions. They are more likely to participate in debates, express opinions, and contribute to the overall class interaction.

e. Soft Skills Development:

In addition to improving speaking skills, the Improptu method also contributes to the development of other soft skills, such as critical thinking skills, interpersonal communication skills, and skills in working in teams. Students reported that they felt more competent in various aspects of communication.

f. Support from Lecturers and Instructors:

The importance of the role of lecturers and instructors in providing guidance and support to students in implementing the Improptu method is also evident in this study. Their support in providing feedback and guidance helps students overcome challenges in spontaneous speaking.

The results of this study consistently support the effectiveness of the Improptu method in improving speaking skills and developing the competence of students participating in the MBKM Program at STIT Miftahul Midad Lumajang. These findings provide a strong basis for making the Improptu method a useful learning approach in the context of higher education and developing students' speaking skills.

2. DISCUSSION

Research on "Improving Speaking Skills with the Improptu Method in the MBKM Program at STIT Miftahul Midad Lumajang" can summarize the research results, implications of the findings, and their relevance in the context of education and development of speaking skills. Following are some points that can be discussed in the discussion of this research:

In this research, there was a significant increase in students' speaking ability in participating in the MBKM Program using the impromptu method. Test results, speaking assessments, and changes in self-confidence can be presented in the table below:

Table 1: Recommended length of each section in the manuscript

No	Activity Name	Date of Activity	Activity Conducted
1.	Direct discussion	March 28, 2022	The teaching and learning activities where students practice their speaking using the impromptu method and invite one of the teachers to guide the discussion topic they choose in
2.	Stating 10 activities spontaneously	April 1-7, 2022	The students state their ten activities spontaneously and they do them in turn in a circle line..

Furthermore, the implications of the findings from this research can provide guidance for higher education institutions, especially institutions similar to STIT Miftahul Midad, to improve learning methods and integrate elements of inappropriate methods in their programs.

For the implications of developing speaking skills, the impromptu method can be used as a more effective tool for developing speaking skills. Students can utilize this method in other contexts outside the MBKM program.

The implications of Soft Skills development also contribute to the development of soft skills such as critical thinking, interpersonal skills, and leadership (Briyana. L. M. Morrell, 2020). This is relevant to prepare students not only for the world of work but also for personal life.

During the research, several challenges and difficulties were identified. This provides a more realistic picture of the implementation of the impromptu method and can guide for overcoming problems that may arise in the future. Lecturer involvement in providing guidance and support to students in implementing the impromptu method shows the good collaboration that students need from teachers to increase learning effectiveness.

The results of this research are by the objectives of the MBKM Program, namely the Independent Learning Independent Campus which strives to be able to improve all aspects of students' abilities independently, the impromptu method also improves students' speaking skills and develops students with independence or spontaneity which is the main characteristic of using this method.

The Research Contribution

The research contribution regarding "Improving Speaking Ability with the Improper Method in the MBKM Program at STIT Miftahul Midad Lumajang" is as follows:

1) Contribution to Higher Education

This research makes a valuable contribution to higher education by identifying effective learning methods for improving students' speaking abilities. The implications of these findings can be used by other higher education institutions to design more effective learning programs.

2) Improving the Quality of the MBKM Program

Research findings can help STIT Miftahul Midad Lumajang in improving the quality of its MBKM Program. Institutions may consider integrating more elements of the inappropriate method or adapting the best practices found in this research to improve the student experience.

3) Developing Students' Speaking Skills

This study highlights the importance of developing students' speaking skills inside and outside the classroom. Its contribution is to raise awareness of the importance of speaking skills in the context of higher education and how the Improptu method can be an effective tool to achieve this goal.

4) Development of Student Soft Skills

This research also emphasizes the importance of developing soft skills, such as critical thinking, interpersonal skills, and leadership, through the Improptu method. This can provide an important impetus for students in facing challenges in the professional and social world.

5) Learning and Innovation

The results of this study can provide impetus for more research and experimentation in learning in higher education. This opens the door for innovation in teaching and learning that is more effective and focuses on developing speaking competencies.

6) Student Career Improvement

Contribution to this research can also be felt by students in terms of preparation for the world of work. Improved speaking skills through the Improptu method can provide a competitive advantage in searching for work and undergoing job interviews.

7) Lecturer and Instructor Support

This study recognizes the important role of lecturers and instructors in supporting the development of students' speaking skills. This can give teachers additional appreciation and help them provide more effective guidance on learning.

Thus, this research makes an important contribution to the understanding of the importance of the Improptu method in higher education and its impact on student development. The implications of these findings can have a sustainable positive effect on the education and development of students' speaking skills at STIT Miftahul Midad Lumajang and other higher education institutions.

The Relationship of Results with Research Objectives:

The use of the Improptu method in the MBKM Program at STIT Miftahul Midad Lumajang can be closely related to the vision and mission of the STIT Miftahull Miadad English Tadrис study program and can strengthen and support the achievement of the goals that have been set.

1) Improved Speaking and Communication Skills

In its journey, STIT Miftahul Midad held the Tadrис English Language Study Program, of course it has the goal of becoming a superior higher education institution in producing graduates who can speak confidently and effectively in various situations and can develop students' speaking and communication skills so that they can become good leaders and contributors. effective in society.

Meanwhile, the use of the Improptu method directly supports the ideals or hopes of this institution by helping students develop better speaking skills and increasing their confidence in communicating. This creates graduates who are better prepared to actively participate in society.

2) Development of Soft Skills

For the development of student soft skills, the English Tadrис study program certainly wants to be a center for developing holistic skills that involve academic and non-academic

competencies and encourage the development of critical thinking skills, effective communication, and collaboration in an educational context.

While the Improptu method not only improves speaking skills, but also supports the development of critical thinking skills, effective communication, and teamwork. This is in line with the institution's mission to develop holistic skills in students.

3) Provision of Support and Guidance

In the learning process, the English Tadris study program is certainly a higher education institution that cares about and provides effective support to students in achieving their potential and provides adequate guidance and assistance to students to achieve academic and personal success.

Meanwhile, the use of the Improptu method also reflects the institution's approach to providing support and guidance to students. Lecturers and instructors involved in this method provide valuable guidance, help students overcome challenges, and provide constructive feedback.

4) Preparation for the World of Work

In preparation for the world of work, the English Tadris study program certainly wants to be a provider of higher education that creates graduates who are ready for a career contribute to the work environment, and develop competencies and skills that are relevant to the world of work in educational programs.

Meanwhile, the Improtu method helps students develop speaking skills which are very important in the world of work. The ability to speak confidently and effectively is a valuable asset in many professions.

The use of the Improptu method at STIT Miftahul Midad Lumajang can be considered a concrete manifestation of the institution's commitment to its vision and mission. It provides a concrete approach to achieving higher education goals that is relevant and beneficial to students and society at large.

Implications in the Higher Education Context

The use of the Improptu method has proven effective in improving students' speaking skills and developing soft skills making it a useful learning model in higher education institutions. Here are some ways the effectiveness of the Improptu method can be a valuable learning model:

1) Improve your ability to speak spontaneously

The Impromptu method encourages students to speak spontaneously and without prior preparation. This is important in developing more natural and flexible speaking skills. This

model helps students become better prepared to speak in unplanned situations, such as class discussions or spontaneous presentations. (M. Florencia Assaneo, 2019)

2) Increase Confidence

Through regular public speaking practice, students can build their confidence in communicating. This is very valuable because high confidence in speaking is an important asset in personal and professional life.

3) Development of Soft Skills

This learning model is not only about talking. It also strengthens the development of soft skills such as critical thinking, interpersonal skills, ability to work in a team, and adaptability. These are skills that are highly sought after by employers and are required in a variety of contexts.

4) Collaborative Learning

The impromptu method often involves collaboration between students in various exercises. It promotes collaborative learning, where students learn from each other and support each other in the development of speaking skills.

5) Active Involvement in Learning

This model encourages the active involvement of students in learning. They are not just passive listeners but are active in talking, discussing ideas, and conveying arguments. This creates a more interactive and engaging learning experience.

6) Preparation for the World of Work

The ability to speak confidently and effectively is a valuable asset in the world of work. This learning model helps students prepare for success in a variety of professional situations, including presentations, job interviews, and interactions with colleagues.

7) Flexibility in Higher Education

The Improtu method can be integrated into various higher education programs and courses. This provides flexibility in its use and can be a valuable addition in a variety of disciplines. Thus, the effectiveness of the Improtu method as a learning model has the potential to improve the quality of higher education by preparing students with the skills needed to be successful in various aspects of life. This helps higher education institutions achieve their goal of producing graduates who are competent and ready to face real-world challenges.

8) Improvement of Student Soft Skills

Discuss in detail how the Improtu method also contributes to the development of students' soft skills, such as critical thinking, interpersonal communication skills, and skills in working in teams. Explain why developing these soft skills is important in the context of higher education.

Recommendations for Program Development

Recommendations for developing programs to improve speaking skills can help improve and enrich existing programs at STIT Miftahul Midad Lumajang or other higher education institutions. Here are some recommendations to consider:

1) Integrate the Improtu Method in a Structured Structure

Speaking skill improvement programs can gain greater benefits if the Improptu method is integrated in a structured manner into the curriculum. This can be done by including Improptu speaking practice in various courses or as part of an extracurricular program.

2) Development of Learning Materials and Resources

Appropriate learning resources, such as sample speaking topics, guides, and study materials, can help students prepare for Impromptu speaking sessions. Institutions can develop or aggregate these resources to support learning.

3) Teacher Training and Development

It is important to provide training to lecturers and instructors on how to teach using the Improptu method. They need to understand these methods well and have skills in providing effective feedback to students.

4) Mentoring and Tutoring Program

Providing special mentoring programs or tutoring sessions for students who have difficulty speaking Impromptu can help them overcome their challenges. This creates opportunities for students to practice more.

5) Holding a Speaking Competition

Holding speaking competitions or Impromptu speaking events at the institutional level can provide additional motivation to students. This can also increase their confidence and speaking experience. (Dina Amelia, 2022)

6) Continuous Evaluation and Adjustment

Speaking improvement programs should be continually evaluated to identify areas that need improvement. Program development must be sustainable and responsive to emerging needs and challenges.

CONCLUSION

The conclusions obtained in this study are as follows: This study revealed that the Improptu method proved to be very effective in improving students' speaking skills. Research data shows significant improvements in their speaking ability and self-confidence after participating in this program. This method allows them to practice spontaneous speaking and overcome their fear of public speaking.

In addition to improving speaking skills, the Improptu method also contributes to the development of various important soft skills, such as critical thinking, interpersonal skills, and collaboration skills. This creates graduates who are better prepared to face challenges in the real world. Meanwhile, the role of lecturers in providing guidance, feedback, and support is very important in the success of the Improptu speaking program. Their support helps students overcome challenges and develop better speaking skills.

Improved speaking skills also provide students with better preparation for success in the world of work. They can be more confident in presenting, speaking in meetings, and communicating with colleagues. The Improptu method also encourages active student involvement in learning. They participate more actively in class discussions, presentations, and various other speaking activities.

The use of the Improptu method is very relevant to the vision and mission of STIT Miftahul Midad Lumajang, especially in creating graduates who are competent and able to speak confidently. This method supports the institution's goal of creating graduates who are ready to contribute to society.

Recommendations for Program Development provide a solid basis for further development of speech improvement programs using the Improptu method. Recommendations include deeper integration into the curriculum, training of lecturers, and better provision of resources for students.

In conclusion, the use of the Improptu method has proven its effectiveness in improving students' speaking skills at STIT Miftahul Midad Lumajang. This is a positive step towards achieving the institution's vision and mission as well as creating graduates who are better prepared to face future challenges. Improptu's speaking program has the potential to continue to enrich the higher education experience and prepare students for success in many aspects of life.

BIBLIOGRAPHY

- Wirdayana Wirdayana & Ummi Kultsum (2023), *The effectiveness of the impromptu speaking method on students' speaking of introducing oneself and others*. JIMPS Malaysia.
- Nivja H. De Jong, (2023) *Assessing Second Language for Speaking Proficiency*, Annual Reviews of Linguistic Jurnal, Leiden University.
- Zawatal Afna, 180212027 (2022) *Pengaruh Penggunaan Youtube Terhadap Public speaking Siswa Berdasarkan Metode Impromptu Dan Ekstemporar Pada Mata Pelajaran Bahasa Indonesia Di SMAN 2 Kuta Baro*. Master's thesis, UIN Ar-Raniry.
- Filiz ogan, (2021), *The Effect of Storytelling Skill Acquisition on the Impromptu Speaking Attitudes and Anxiety Levels of 6th Grade Students*, IJELS Journal, Vol 9, no 3, the Australian International Academic Centre PTY. LTD.
- Dina Amelia, (2022) *Improving Public Speaking Ability through Speech*, JSSCTS, Vol 2 No 2, Universitas Teknokrat Indonesia
- Briyana. L. M. Morrell, (2020), *Soft skills and implications for future professional practice: Qualitative findings of a nursing education escape room*, University of Indianapolis, College of Health Sciences, United States of America.
- Rita Herlina. (2020) *The Effect Of Impromptu Speaking Method On Students' Speaking Ability (A Study At The Eleventh Grade Students Of Sma Negeri 1 Pinangsori In 2018/2019 Academic Year)* Jurnal Liner, Tapanuli Selatan.
- Ulfiyah Azzahra. (2019). *Developing The Students' Speaking Skills Through Impromptu Speech Method*, Jurnal JKIPMakasar.

M. Florencia Assaneo, (2019), *Spontaneous synchronization to speech reveals neural mechanisms facilitating language learning*, Nature Neuroscience Jurnal, 22, 627-632.
